



Wave Starts

Sunday 29 March

Wave	Time	Cap	Event Category
1	6.45	White	Pho3nix Kids: Boys 10-11
2	6.47	Green	Pho3nix Kids: Girls 10-11
3	6.49	Orange	Pho3nix Kids: Boys 7-9
4	6.51	Yellow	Pho3nix Kids: Girls 7-9
5	6.53	Pink	Pho3nix Kids: Boys & Girls 12-14 & Beginners
6	7.05	Pink	Enticer: Male U14 & U16
7	7.07	White	Enticer: Female U14 & U16
8	7.09	Yellow	Enticer: Male 16+ & Mates Wave & Enticer Teams
9	7.11	Orange	Enticer: Female 16+
10	7.24	Pink	Club Distance: Male All Age Groups & Club Distance Teams
11	7.27	Green	Club Distance: Female All Age Groups & Athenas
12	7.30	White	Club Distance: Mates Wave & Clydesdales
13	7.55	Yellow	Super Sprint: Female All Age Groups & Athenas
14	7.58	Orange	Super Sprint: Mates Wave & Super Sprint Teams
15	8.01	Pink	Super Sprint: Male 40+
16	8.04	Green	Super Sprint: Male 13-39 & Clydesdales